

July 6, 2025

Everyday People, Extraordinary Faith

Sarah: Faith in Spiritual Barrenness

Hebrews 11:11-16

Sarah's faith is contrasted against her incredibly difficult personal trial and circumstance. Sara was barren, unable to have children. Her situation was so dire that when told by God she would have a child, she laughed. She did not remain in her doubt, but judged God faithful. Sarah's story is one of victory overcoming her spiritual barrenness.

Additional Verses:

Genesis 11:27-30, 12:1-4, 15:2-4, 16:2-4, 17:4-8,

17:15-21, 18:9-15, 21:1-7

Galatians 3:5-6

1 Peter 3:5-6

Outline:

1. Overcoming spiritual barrenness requires power outside of yourself.

2. Overcoming spiritual barrenness demands continued faith.

3. Overcoming spiritual barrenness glorifies God.

Study Questions:

1. How is Sarah's physical barrenness a metaphor for spiritual barrenness? When was a time of spiritual barrenness for you?

2. Why is God's power necessary to overcome barrenness? In what ways does God give believers His power to overcome?

3. What is a believer's responsibility in times of barrenness? How do you discharge your faith when it is difficult?

4. How is God glorified when a believer overcomes a time of barrenness? How was God glorified in your life when you overcame a period of spiritual barrenness?

5. Who is the child of promise? How does Sarah's story of faith point us to Jesus?

6. How is the Holy Spirit leading you to respond to God today?